



Revive@  
**CLONAKILTY PARK  
LEISURE CLUB**

Massage

Clonakilty Park Hotel  
guests enjoy

**10% OFF**  
all treatments

**Holistic Swedish Massage**

This firm, flowing and healing massage relieves stress and calms and relaxes the mind and body.

60min €65  
30min Back Massage €40

**Dr. Hauschka Aromatic Body Massage**

Ease away your worries and experience a complete sense of well-being. Following a consultation, your therapist will use a blend of oils to suit your specific needs.

60min €65  
30min Back Massage €45

**Hot Stone Massage**

Warm basalt stones are placed on the body to relieve muscle tension and restore energy points. This massage reduces stress, anxiety and promotes well-being.

60min €65  
30min €40

**Reflexology** (Limited Availability)

Involves the application of pressure to specific points on the feet. This treatment stimulates the body into healing itself by improving circulation, reducing stress, pain and restoring natural balance.

60mins €65  
45mins €55

**Indian Head Massage**

Using soft tissue massage techniques in the upper back, neck, shoulders, arms and scalp, this massage helps to relieve migraines, headaches or sinus congestion.

45min €55  
30min €45

**Face and Body Pamper Package**

Experience the perfect treatment duo, a revitalising back massage and anti-aging booster facial.

60mins €70

**Just for him**

Begin with a coconut & vanilla back exfoliation followed by hot oil back neck and shoulder massage. Includes a scalp massage or foot massage.

50mins €50

**CONTACT ORLA**, call or text to book, by appointment only, Wed - Sun

Can tailor packages to suit your needs. Cancellation policy 24 hrs notice is required or a fee may be charged.

**087 9391 061 orlaatrevive@gmail.com**

# Facials

## The Ultimate Signature Treatment

The ultimate facial journey begins with a revitalising sage foot bath followed by relaxing aromatic foot and leg massage. Herbal compress, cleansing mask and brush lymph stimulation revitalises and hydrates the face.

75mins €65

## Booster Facial

This treatment is ideal for busy people who have not had an opportunity to have a facial in a while. Awaken tired and sluggish skin with a thoroughly soothing and revitalising treatment.

50mins €50

## Anti-Aging Facial

This treatment is tailored to suit mature skin types. Dr. Hauschka's rejuvenating products contain the finest plant oils and extracts which leave the skin feeling firm, regenerated and normalised.

60mins €60

## Dermologica Pro30 Facial

P30 is an all in one facial treatment that helps to smooth and diminish visible signs of aging. Experience brighter and healthier skin

30mins €40

## Dermologica Pro60 Facial

This facial incorporates exfoliating hydra dermabrasion to improve the texture and tone using Dermologica's high quality products to brighten skin and boost collagen production. Highly advanced professional grade activities for a deep treatment.

60mins €65

## Teen Mini Facial

Your facial starts with a double cleanse followed by an exfoliation to slough off the dead skin cells to help keep your skin bright and clear. We finish with a mask best suited to your skin.

30mins €35

## Deep Cleanse Facial

Steam & Peel -This facial targets congested skin, allowing the skin to begin a natural rejuvenation. Includes a deep exfoliation treatment.

55mins €60

## Microdermabrasion

A mild, non-invasive treatment that will revitalise and rejuvenate the skin without any downtime or side effects. Skin will appear fresher while the appearance of fine lines wrinkles, 'crows feet', age spots and acne scars will be reduced leaving you with natural looking results instantly.

50mins €60  
or course of 3 €150

# Grooming

## Luxury Pedicure

Indulge yourself with this wonderful relaxing treatment where your feet and mind are thoroughly pampered and restored. Exfoliation, massage, cuticle work, heated booties, file and paint. Please bring open toe shoes.

1 hour €50  
include callus peel €60

## Luxury Manicure

During this luxurious treatment, we revitalise your hands by soaking, shaping, cuticle work, massage and OPI paint.

30mins €30

## Hybrid (Gel) Manicure

Our hybrid manicure offers all of the durability of a gel polish, lasting up to two weeks.

€30

## Princess Package

Mini Pedicure and Mini Manicure, file and polish on both hands and feet.

20mins €20

## Make-Up Application

€35

# Waxing

Eyebrow Wax & Shape €10

Lip and Chin €15

Eye Combo Eyebrow (wax/shape tint and lash tint) €25

Underarm €12

Half Leg Wax €20

## MIDWEEK SPECIALS (mornings only)

Mon: Reflexology €50

Wed: Hot Stone Back Massage €35

Thu: Booster Facial €40

Fri: Pamper Package €60

Revive offers two skincare brands: Dermologica and Dr. Hauschka. Orla will discuss which brand is best for your skin type.

Dr. Hauschka



dermologica®

CONTACT ORLA: 087 9391 061 orlaatrevive@gmail.com